

## **Implementation Of Dhuha Prayer Program In Construction Of Student Discipline Character At Smp Muhammadiyah 16 Lubuk Pakam**

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### **ABSTRACT:**

*The Dhuha prayer forms the character of students, which is when the Duha prayer is performed when people are busy with worldly activities and there are many lessons contained therein. The timing is a great time to meet face to face and build a personal relationship with God and receive special attention and affection from Him. According to Narwanti, character education is a system of instilling character values in school members which includes components of knowledge, awareness or will, and actions to carry out these values, both towards God Almighty (YME), oneself, others, the environment, and nationality so that they become human beings.*

*This research uses a descriptive qualitative approach. The population collected in this study were students of class VIII SMP Muhammadiyah 16 Lubuk. The sample for this research was 35 grade VIII students who were taken using student and teacher interview techniques, direct observation of the research location, and research documentation. To obtain data on the Implementation of the Dhuha Prayer Program for class VIII students, researchers used interview techniques, practice, and questionnaires or questionnaires. Meanwhile, the way to implement Discipline Character Formation is by direct application during the hours of Duha prayer activities*

*Based on the findings of the researchers during the research at SMP Muhammadiyah 16 Lubuk Pakam, there were several findings that the researchers obtained in accordance with the existing problems. Implementation and Training for the Implementation of the Congregational Dhuha Prayer Program in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam. In providing material for the discipline of Duha prayer and its training, in this case the researcher specializes in class VIII SMP, it is easy to accept material and easy to self-discipline in carrying it out and feels that he has to be even better at disciplining his Duha prayer activities. enthusiastic because students are not used to disciplining themselves for Duha prayer for certain reasons such as the time for Duha prayer which is determined by the school to take part of their break time.*

**Keywords: *implementation, duha prayer, discipline character***

### **1. INTRODUCTION**

According to Sholikhin prayer is to turn the heart to Allah Subhanahu Wa Ta'ala, namely as worship, in the form of carrying out prescribed words and actions, which begins with takbiratul ihram, and ends with greetings, and according to the conditions determined by Islamic law (Adinda Annisa Darmana, Azhar Haq, 2019). Duha prayer is a sunnah prayer performed by a Muslim during Duha time. Duha time is the time when the sun begins to rise approximately 7 cubits from its rising (approximately six or seven in the morning) until noon time. The number of duha prayer cycles is 2, 4, 6, 8, and a maximum of 12 cycles.

The Dhuha prayer forms the character of students, which is when the Duha prayer is performed when people are busy with worldly activities and there are many lessons contained therein. The timing is a great time to meet face to face and build a personal relationship with God and receive special attention and affection from Him. According to Narwanti, character education is a system of inculcating values– character values for school members which include components of knowledge, awareness or will, and actions to carry out these values, both towards God Almighty (YME), oneself,

others, the environment, and nationality so that they become human beings. (Adinda Annisa Darmana, Azhar Haq, 2019).

Related to the implementation of the Duha prayer service to improve the discipline of the Duha prayer service, because Islamic religious teachers are more responsible in terms of implementing the Duha prayer service. The Duha prayer is sunnah, so this is what makes some people think that the Duha prayer is not very important because the law of carrying it out is sunnah, in the end it becomes the reason for some people who are lazy not to perform the Duha prayer.

Efforts to instill the value of the discipline of worship from schools include every kind of influence aimed at students to help them understand and adapt to environmental demands. Besides that, discipline is also important as a way of solving the demands that students might want to show towards their environment. (Adinda Annisa, 2019).

The rise of morality issues in youth circles, student brawls, and pornography involving students, in this case it is possible that this will occur at Muhammadiyah 16 Lubuk Pakam Middle School, is a major problem which until now has not been able to find the right formula to solve it. This phenomenon has become a concern for everyone and all walks of life, be it parents or schools. In fact, the damage that occurs is not only to the quality of the people but also to the quality of the environment. Therefore it is very urgent to get used to religious culture, in this case the habituation of sunnah dhuha prayers both in the context of family and school life so that the younger generation has a good personality.

The habituation is intended to internalize the values of Islamic religious teachings to students so that they are able to reflect good behavior, especially if it is associated with a very minimal portion or face-to-face hours of religious lessons. Besides that, the values of Islamic teachings that exist in children are often defeated by negative cultures that exist in their surroundings. Therefore it is necessary to create a religious culture that is carried out continuously in the learning process with the habit of living disciplined, neat, orderly, responsible, friendly, polite, helping each other, respecting each other, loving the environment, being obedient in carrying out worship, reading the Qur'an, and others (Abdul Majid, 2019).

As the results of the author's observations show that students of SMP Muhammadiyah 16 Lubuk Pakam seem to have good discipline, this can be seen that almost no students come late to school, take part in morning exercises, flag ceremonies, circumcision prayers and enter class on time. Of course, according to the writer's opinion, the formation of the character of student discipline cannot be separated from the implementation of the circumcision dhuha prayer in congregation which is applied at school. Because of that, it becomes an attraction for the writer to conduct more in-depth research whether the congregational Duha prayer can shape the disciplinary character of students.

Based on the background mentioned above, the author determines the title of this thesis. Muhammadiyah 16 Lubuk Pakam.

## **2. RESEARCH METHODS**

This type of research is descriptive qualitative. Sources of data in this study were obtained from school principals, religious teachers, class students. And secondary data sources obtained from books, journals, and archives. Data collection techniques using interviews, observation, and documentation. data were analyzed using data reduction, data presentation, drawing conclusions.

## **3. RESULT AND DISCUSSION**

### **Result**

Based on the findings of the researchers during the research at SMP Muhammadiyah 16 Lubuk Pakam, there were several findings that the researchers obtained in accordance with the problems described in CHAPTER I, namely:

#### **1. Implementation and Training for the Implementation of the Congregational Dhuha Prayer Program in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam.**

In providing discipline material for the Duha prayer and its training, in this case the researcher specializes in class VIII SMP, there are several Islamic religious education subject matter contained in the book and also the curriculum where the material directly links to the Duha

prayer material and the learning and training process for the material. One of them is the material about "Discipline of Sunnah Prayers Apart from Prayers 5 Times".

When PAI learning takes place, the teacher explains the material and relates it to the habit of Duha prayer and provides time and opportunity for students to ask questions, as stated by one of the class VIII students of junior high school who is very enthusiastic, that in PAI learning about Duha prayer is in prayer practice activities. what makes dhuha very interesting is that when the training takes place, the teacher explains by telling a story about the dhuha prayer about the material and the teacher plays a video related to the lesson. After that, students were asked by the teacher to practice directly starting from reading the prayer to the movement of the number of cycles and the time of their implementation. After that the students were directed by the teacher to directly practice it at the school's predetermined hours so that they are more accustomed to being disciplined in carrying out Duha prayers.

Regarding teaching methods and training for implementing the discipline of Duha prayer, one of the teachers named Mr. Bambang Sutejo, S.Ag who acts as a religion teacher, uses direct teaching methods in class. After that the writer and the teacher immediately trained them in the implementation of the Duha prayer in the form of reading, the number of cycles and the time of implementation until the direct implementation time determined by the school, the writer found that most of the eighth grade students of junior high school easily received material and easily disciplined themselves in carrying it out , then some of the students are not used to disciplining themselves for prayer dhuha for certain reasons such as the time for dhuha prayer determined by the school to take part of their rest time, there is one class VIII student of junior high school who is very enthusiastic saying "Learning like this makes me very enthusiastic, very interesting and challenged me to continue to discipline myself in implementing the Duha prayer," said the student.

Based on the results of observations made by researchers, researchers found:

1. It is easy to accept material and easy to discipline yourself in carrying it out and feel you have to be better at disciplining your Duha prayer activities.
2. Some of the other SMP class VIII students are not too enthusiastic because students are not used to disciplining themselves for Duha prayer for certain reasons such as the Duha prayer time which is determined by the school to take part of their rest time.

Factors that greatly affect the enthusiasm and positive response of the students are the method of delivery of the material and the method of training the material and coupled with the presentation of the video about the material, in this case the teaching teacher is very good at conveying and training the discipline of the material so that many students are enthusiastic about the discipline. Duha prayer.

## **2. Obstacles in the Implementation of the Congregational Dhuha Prayer Program in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam**

Based on the results of the interviews that the researchers conducted with PAI teachers at SMP Muhammadiyah 16 Lubuk Pakam that the obstacles in implementing learning and seeing how the students' implementation of the application of the Dhuha prayer discipline material was that not all students had self-awareness of discipline, the low level of discipline in some students in class VIII in training what the teacher gives to students. This is related to what was conveyed by one of the students who was not too disciplined in practicing this material.

He said that when carrying out the discipline training, he had a little difficulty training himself because he felt forced to train himself, and lack of support from his parents at home to train his discipline so that students became less disciplined in the habit of Duha prayer at school. The results of the interview above were justified by the PAI teacher at SMP Muhammadiyah 16 Lubuk Pakam, that some students had a low level of discipline which caused learning to not go well, but the teacher still taught and trained students in the discipline of Duha prayer so that students understood the meaning of this discipline. Not only students, teachers are also one of the obstacles in learning, namely the teacher's lack of knowledge of material related to the discipline of Duha prayer.

Based on the observations that the researchers made, another obstacle that other PAI teachers felt was that there were many students who, when the teacher explained the subject matter was in progress, there were students who were not ready, it could be seen from students who were not focused, there were some who were busy chatting with other friends. . From the description above, the researcher draws the conclusion that the obstacles that often occur in the school

environment are limited time allocation and lack of training for teachers on material related to Duha Prayer and the lack of teachers in reading and updating their knowledge so that they are confused when in class to face students.

Based on the presentation of the interview results above, it can be concluded that in disciplinary training activities it can already be said to be effective because it can make students want to get used to the discipline of Duha prayer, with communication between teachers and students or students with students. After the students went through all the stages of learning and training that had been passed, the researcher asked about the changes that had occurred after practicing discipline in material related to Duha Prayer, in this activity the researcher asked Mr. Bambang Sutejo, S.Ag, he said "the purpose of giving and material training related to Duha prayer is to introduce good practices and should be an example in the daily lives of students "in this case if this has happened it means that he can indeed be said to have been successful

## **Discussion**

### **1. What is the concept of good disciplinary planning for the Congregational Dhuha Prayer Program at SMP Muhammadiyah 16 Lubuk Pakam.**

Based on the results of the research findings above, it was found that the concept of good disciplinary planning for the Dhuha Congregational Prayer Program at SMP Muhammadiyah 16 Lubuk Pakam is as follows:

The planning concept is its first and foremost function. It is needed in every planning, all learning activities will be meaningless. The importance of planning is increasingly increasing the quality of teaching which is getting better and more complex.

In this case, the planning concept in question is the concept of planning the discipline of Duha prayer at SMP Muhammadiyah 16 Lubuk Pakam, namely:

- Getting used to the discipline of Duha prayer by making a special schedule for Duha prayer for students and teaching them how to do Duha prayer
- Supervise students when they practice the Duha prayer discipline so that no students deliberately do not do the Duha prayer
- Give proper punishment to students who are caught deliberately not performing the Duha prayer
- Give appreciation to students who are very enthusiastic and always at the forefront of performing Duha prayers
- Incorporate the habituation of the Duha prayer discipline in the basic school competition so that it becomes the school curriculum.

### **2. What is the Process of Implementing the Congregational Dhuha Prayer Program in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam**

Based on the results of the research findings above, it was found that the Implementation Process of the Implementation of the Congregational Dhuha Prayer Program in Forming the Disciplinary Character of Students at SMP Muhammadiyah 16 Lubuk Pakam is as follows:

The Purpose of Implementation of the Implementation of Learning Implementation of the Dhuha Prayer Program in Congregation in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam.

- 1) To see how the implementation of the program and student discipline regarding the application of the material and teach it so that students are accustomed to and can be disciplined in carrying out Duha prayers.
- 2) To improve and develop the ability of students' discipline patterns at a higher level so that they are always more accustomed to carrying out Duha prayers.
- 3) To make students have good disciplinary character in carrying out Duha prayer habits both at school and at home.

#### **a. The implementation method for implementing the Dhuha Prayer Program in Congregation in Forming the Discipline Character of Students at SMP Muhammadiyah 16 Lubuk Pakam is as follows:**

### 1. Training Methods

The training method is a method in which the teacher or teacher explains the material while practicing it directly on the students continuously or continuously, this method is very interesting and effective because students will be more accustomed to performing Duha prayers because they are always trained every day.

### 2. Authoritative Method

The authoritative method is a teaching method in which students are given a little coercion to perform Duha prayers and are given light punishments when they do not. This method aims to discipline or stimulate students to get used to performing Duha prayers, especially for students who are often lazy and undisciplined in carrying out Duha prayers.

### 3. Muhasabah Method

This method is the last method if there are students who do not work with the 2 methods above, this method is a method where students who have disciplinary problems carrying out their Duha prayer at a fairly severe level will be called to the guidance counseling room and will be given counseling and providing solutions for the problem, at an advanced level, students can be given severe punishment if they do not comply with these disciplinary rules.

## 3. What factors influence the smooth running of the Dhuha Prayer Program in Congregation for Students at SMP Muhammadiyah 16 Lubuk Pakam.

- a. Teachers have difficulties in providing training and teaching material on the Implementation of the Congregational Dhuha Prayer Program in the Formation of Student Discipline Character at SMP Muhammadiyah 16 Lubuk Pakam

There are some teachers who have not been able to understand the application of training and teaching materials related to the Duha prayer due to the teacher's lack of creativity in training their students. Efforts made to overcome the difficulties of teachers in training and teaching are training for teachers so that they are able to present learning activities that are oriented towards Duha prayer material and to apply the discipline of students to this material.

- b. Some students are not familiar with the implementation of disciplinary implementation of Duha prayer material

Students who have good cognitive abilities are easy to get used to the discipline of Duha prayer, easy to accept learning material and easy to get used to discipline, but there are some students whose cognitive abilities are not good so this becomes one of the obstacles in learning, because students have difficulty receiving material and getting used to the discipline of Duha prayer. Ways that teachers can do to teach and train these students so that they run smoothly are as follows:

- 1) Consider the ability of students, consider the availability of facilities and materials.
- 2) Identify material that is adapted to the level of thinking in the realm of knowledge of students.
- 3) Helping students determine what Discipline is in Duha prayer

## 4. CONCLUSION AND SUGGESTIONS

### Conclusion

1. Application of learning materials related to Duha prayer and implementation of student discipline in applying the material

The application of learning materials related to the Duha prayer and seeing the implementation of student discipline in applying the material is carried out using various methods including story telling, discussion and question and answer can make students more enthusiastic in receiving and responding to the material provided, this is also not spared from the teacher's efforts to make students more enthusiastic and understand what they are learning and what they should respond to. PAI subject is one of the mandatory subjects for every school, with the hope that it can influence students' personality for the better and bring about change.

2. Constraints in the application of learning materials related to the discipline of Duha prayer and practicing discipline in the material From the application of learning materials related to the discipline of the Duha prayer and its implementation, the teacher has several obstacles in the application of learning materials related to the Duha prayer and the implementation of discipline in applying the material, namely the different backgrounds of students seen from students who are not ready to face the lesson, students who do not have qualified cognitive abilities are also an obstacle in learning, not only that teachers are also the cause of learning obstacles, namely there are some teachers who have not been able to understand the application of learning materials related to Duha prayer and see the implementation of discipline in students This material is due to a lack of training on learning related to Duha prayer material. Ways that can be done by the teacher to implement Duha prayer so that it runs smoothly are as follows: Consider the abilities of students, consider the availability of advice and materials. Identify material that is adapted to the level of thinking in the realm of knowledge of students. Help students determine what higher order thinking is.

## Suggestions

### 1. For teachers

- a. Always provide motivation to students who are still lacking in confidence in their abilities.
- b. If you always give reinforcement to students that they can become people who have good behavior and are skilled in acting so that a sense of enthusiasm arises in the learning process.

### 2. For Students

- a. If students always try their best in learning, never give up and continue to practice their learning abilities.
- b. Differences in backgrounds make students sometimes different from other friends, thus making some students not dare to be skilled in communication, be creative and active. It is hoped that you will be confident in your own abilities and not be afraid in learning.

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